

Whereas: March is a time of national recognition and awareness related to improving nutrition habits and knowledge; the Academy of Nutrition and Dietetics has announced this year's theme as "Celebrate A World of Flavors"; and

Whereas: food is the substance by which healthful familial and communal bonds are formed, traditions and cultures are celebrated; and

Whereas: good nutrition is essential for growth, development, health, and well-being; and

Whereas: the type, quality, and amount of healthy food that our community has access to consume each day plays a vital role in their overall health and physical fitness; and

Whereas: educating the people of the City of Racine about health and nutrition is an important part of establishing healthy habits; and

Whereas: it is important for people of City of Racine to be aware of the existence of community nutrition programs by UW-Madison, Division of Extension FoodWIse, as these programs are important to the health and wellness of all those they serve; and

Whereas: there is a need for continuing nutrition education and a wide-scale effort to increase access to healthy foods and enhance healthy eating practices; and

Whereas: healthy eating in childhood and adolescence plays an important role in mental and physical development; and

Whereas: nutrition plays a large role in the prevention of diet-related illness later in life and premature death.

NOW, THEREFORE, I, Cory Mason, Mayor of the City of Racine, proclaim March, 2022

National Nutrition Month

IN WITNESS WHEREOF, I have here unto set my hand and caused the Seal of the City of Racine to be affixed.

Accomplished at the City Hall this 1st day of March, 2022.

